

Sample Daily Master Time Map - by Laurie Reeve

from the 2010 BYU Education Week lecture "Organizing Solutions for Busy Moms: Organize Your Schedule to Create Balance between Family, Church, Work, and You!"

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
5:30 – 6:30 am	WAKE UP/ME: Read, Exercise, Shower, Relax						CHURCH:	
6:30 – 9:00 am	FAMILY: Breakfast, Wake kids, Lunches, Fun time, Car-pool					FAMILY: House Cleaning		
9:00 – 4:00 pm	BUSINESS/HOME:					FAMILY: Movie Night		
4:00 – 8:30 pm	FAMILY: Car-pool, Errands, Homework, Dinner Prep, Dinner, Clutter Control, Relaxation, [Mon: FHE]				MARRIAGE: Date Night	FAMILY: Fun time		
8:30 – 9:30 pm	MARRIAGE: Quiet time together							MARRIAGE: Quiet time together
9:30 – 10:00 pm	BEDTIME/ME: Read, Relax, Prep for tomorrow							